St Mary's Lent Resources 2025



Our regular Home Groups and Book Group will continue to meet during Lent.

Alongside these, the following resources are available. For further information please contact Martin.

1. St Mary's Lent Groups: 'Alive in Christ'

Led by Martin and Lorna on Tuesday evenings, 7pm at the Rectory, from 11th March, and on Wednesday afternoons, 2pm in church, from 12th March.

This 5-week course explores the nature of God's love, and will help us become more confident about serving God as a member of the Body of Christ. Short optional Bible studies for each day of the week follow the group sessions. For full details see www.resourcingrenewal.org/alive-in-christ

2. Benefice Retreat Morning, Saturday 12th April, led by Bishop John

9:30am-12:30pm, concluding with a Bring and Share Lunch. At Downholme Church.

To book a place on either of these, please add your name to the Sign-Up sheet at the back of the church

3. Richmond Methodist Church Lent Group

Wednesday evenings, online, 7:30 to 8:30pm assembling from 7:15, from 12th March. Further information and log on details from Kathleen Wood Kathleen.wood@methodist.org.uk

4. Diocesan resources www.leeds.anglican.org

- a. Lent Retreats (including an online Meditation on 6th March, and a Day Retreat on 15th March led by Bishop Anna at Ripon Cathedral)
 - www.learning.leeds.anglican.org/course/lent-retreats-in-episcopal-areas
- b. Lent Course What does it mean to be a disciple in the world today?

This popular *Rhythm of Life* course explores deepening our commitment to Christ through: resting, creating, sharing, encouraging, celebrating.

Follow this course individually online via: www.learning.leeds.anglican.org/course/rol-lent-course/

5. Church of England resources <u>www.churchofengland.org</u>

See <u>www.chpublishing.co.uk/features/lent-resources</u> or <u>www.eden.co.uk</u> for a range of Lent books and reflections, including:

- a. Booklets on **Living Hope** for adults or children www.chpublishing.co.uk/books/9781781405000/living-hope
- b. **Daily Reflections** for Lent

www.chpublishing.co.uk/books/9781781404843/reflections-for-lent-2025

- c. Paula Gooder's book, Women of Holy Week
 - www.chpublishing.co.uk/books/9781781402894/women-of-holy-week
- d. Prayers and reflections of the biblical stations of the cross, **Walking the way of the cross** www.chpublishing.co.uk/books/9780715123447/walking-the-way-of-the-cross

6. Bible study guides and reflections

- a. **Bible Reading Fellowship:** offer a range of Bible reading notes and other resources www.brfonline.org.uk/collections/subscriptions
- b. **Reflections for Daily Prayer:** daily Bible reflections based on the Common Worship Lectionary www.chpublishing.co.uk/books/9781781404577/reflections-for-daily-prayer
- c. **Lectio365:** a free daily devotional app that helps us pray the Bible every day www.24-7prayer.com/resource/lectio-365